



BLACK HORSE HILL **INFANT SCHOOL**

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16th November 2020

Dear Parents/Carers,

Please can I draw your attention to the rules if you have or may have Covid-19.

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

If you have a test, you and anyone you live with must self-isolate until you get your result. This also applies to anyone in your support bubble.

You must also self-isolate if you have symptoms and you cannot get a test.

You must not leave your home if you're self-isolating.

- do not go to work, school or public places – work from home if you can
- do not go on public transport or use taxis
- do not go out to get food and medicine – order it online or by phone, or ask someone to bring it to your home
- do not have visitors in your home, including friends and family – except for people providing essential care
- do not go out to exercise – exercise at home or in your garden, if you have one

Please see <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/> for details on how long to self-isolate.

Children should not be attending school if their parents/household members/support bubbles are awaiting test results.

It is important that we do not become complacent and continue to follow the government and public health guidelines.

Yours sincerely,

Mrs Julie Morris
Headteacher